

WEEKLY SELF REFLECTION

Name \_\_\_\_\_ Class \_\_\_\_\_

Category	Excellent - 3	Good - 2	Needs Work - 1	Unacceptable - 0	Grade
<b>Attitude/Behavior/ Focus</b> Weekly Average: _____	I was respectful of myself and others. I was always engaged in class, had a positive attitude, and did not criticize anyone's ideas or work.	I was often respectful of myself and others. I was engaged in class, had a positive attitude, and rarely criticized anyone's ideas or work.	I was often disrespectful of myself and others. I was rarely engaged in class, lacked a positive attitude, and frequently criticized others.	I was usually disrespectful of myself and others. I was not engaged in class, lacked a positive attitude and consistently criticized or disrupted others.	Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
<b>Punctuality and Preparedness</b> Weekly Average: _____	I was on time to class. I brought needed materials for class and was ready to work.	I was late for class, but I did not cause a disruption when I entered. I asked questions to ensure I knew what to do. I brought my materials needed for class.	I was late to class more than once. I lost materials I was given for class and had to ask for more.	I created a disruption with my tardiness to class. I did not attempt to have materials ready to work.	Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
<b>Group Dynamics/ Contribution</b> Weekly Average: _____	Class discussions were better because of my contribution(s). I presented supportive evidence or reasoning in response to questions by showing/ explaining detailed work.	I contributed to discussions or tried to answer a warmup question, tried hard to listen, share and support the efforts of others.	I sometimes disrupted the discussion or analysis of questions; occasionally listened and participated. I asked to leave class often, leaving my partner without help.	I did not provide useful ideas and I frequently disrupted the discussion. I left class often/ for long periods of time. I left when I wasn't interested in what we were doing, leaving my partner without help.	Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
<b>Questioning/ Pushing Understanding</b> Weekly Average: _____	I pushed my learning on my own, but asked questions when I needed to move forward. I asked questions of my peers, project partners, and of my teacher(s).	I worked mostly on my own, but asked my partner(s) and my peers questions. I did not ask my teacher questions.	I asked peers questions, but did not talk to my partners about understanding the material more. I did not ask my teacher questions.	I stayed at a low level of understanding and did not seek help from anyone to increase my understanding. I made others feel bad for asking questions.	Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
<b>Time Management/ Use of Time</b> Weekly Average: _____	I worked consistently and effectively during class time, using time to continue to develop projects and work to its fullest extent, rather than stopping at a minimum expectation.	I worked most of the time in class, with a few small times of distraction. When I became distracted, I got myself back on task or helped my partner get back on task.	I lost focus often or was distracting often. I not use my time fully, but instead stopped working when I felt I was done, rather than taking time to make my work better.	I spent most of my time off-task or distracting others. I did not plan my time out at all, and as a result did not make any meaningful steps forward in my understanding today.	Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
<b>Total Grade:</b> Averages added together and divided by 5: _____	<b>Goal(s) for next week:</b>  <b>Specific steps I can take for improvement:</b>				